

WHAT TO EXPECT

when you reach out to Cornerstone for Support Group Services

1. WE LEARN ABOUT YOU

Our intake specialist will give an overview of the type of support groups we have, the meeting times, and whether they meet virtually or in person. Depending on whether the groups would be a good fit, the intake specialist will give your information to a group facilitator or provide another resource.

3. YOU COMPLETE PAPERWORK

Our group facilitator can send you start up forms electronically or you can complete these forms in person. Everything you share will be kept confidential and will not be shared with the group.

5. ENDING GROUP SERVICES

Everyone's path to healing is different. Time-limited groups will honor the work and time spent together with a closing group. For on-going groups, you can decide when you are finished with group. You can talk to the group facilitator as needed when you decide to stop coming to group.

CONTACT US:

For more information, leave a voicemail at 952.646.6554 and our intake specialist will return your call within two business days.

2. CONNECTING WITH THE GROUP FACILITATOR

As there are openings in each support group, the group facilitator will reach out to people who are interested. The group facilitator will talk with you about the group processes and will help make sure group is a good fit for your needs. This connection can be done by phone or an in-person meeting.

4. YOUR GROUP MEETINGS

Group occurs most frequently on a weekly basis and can be either on-going or time limited, depending on the group. Regular attendance and participation is encouraged to help you achieve the goals you have set for your time in the group.



CORNERSTONE
REBUILDING LIVES, RESTORING HOPE