



## Presentation Topics

### Anger & Healthy Communication

- Understand that anger is a normal emotion
- Explore anger as a partner emotion
- Develop healthy coping strategies for dealing with anger and frustration
- Learn healthy communication skills that promote non-violent conflict resolution
- Recommended Grade Level: 6<sup>th</sup> – 8<sup>th</sup>

### Bullying & Harassment

- Understand the impact of bullying & harassment
- How to change if you are currently bullying and/or harassing others
- Understand the impact of language
- How to help yourself and others / bystander intervention
- Recommended Grade Level: 6<sup>th</sup> – 8<sup>th</sup>



### Gender Stereotypes

- Understand how gender socialization impacts our sense of self and others
- Understand how gender stereotypes can create harm and lead to abuse
- Develop empathy and tolerance for others
- Recommended Grade Level: 6<sup>th</sup> – 12<sup>th</sup>

### Dating 101

*This presentation teaches students about the basics of relationships to establish healthy practices and prevent abusive attitudes from developing.*

- Learn the basics of entering a healthy relationship including consent, boundaries, and healthy reasons to seek a relationship
- Learn the difference between flirting and harassment
- Identify warning signs/red flags of unhealthy relationships
- Recommended Grade Level: 6<sup>th</sup> – 8<sup>th</sup>

## Teen Dating Abuse/Relationship Abuse

*This presentation dives more into the topic of abusive relationships, exploring and identifying the different forms of abuse and the nuances involved in such situations.*

- Identify warning signs of abuse
- Know the necessary traits of consent
- Know how to help a friend and themselves if they're experiencing abuse
- Recommended Grade Level: 9<sup>th</sup> – 12<sup>th</sup>

## Navigating Consent

*In this presentation, students will learn some of the intricacies of consent and how to establish healthy patterns of communication, particularly in use in sexual situations.*

- Understand the differences and importance of verbal and non-verbal consent
- Practice risk assessment in situations of alcohol use
- Learn tips in asking for consent and respecting rejection
- Recommended Grade Level: 8<sup>th</sup> – 12<sup>th</sup>

## Sexting

- Be able to identify abusive and harassing sexting behaviors
- Know the necessary traits of consent
- Understand the legal consequences of sexting for minors
- Learn how to get help if you are the victim of a leaked photo or receive unwanted pics
- Recommended Grade Level: 6<sup>th</sup> – 12<sup>th</sup>

## Sexual Violence

- Develop critical thinking skills related to unravelling “rape culture”
- Challenge behaviors, attitudes and actions that normalize sexual violence
- Understand how to affect positive change across various social settings
- Understand the dynamics of “victim blaming”
- Recommended Grade Level: 9<sup>th</sup> – 12<sup>th</sup>

☀️ **Spanish options for the presentations listed above are available upon request!** ☀️

## Interested in a presentation on Human Trafficking/Sex Trafficking?

Contact our Community Liason/Sexually Exploited Youth Advocate, Mikah at [mikahm@cornerstonemn.org](mailto:mikahm@cornerstonemn.org)! The learning objectives of the presentation can be found below.

- Challenge common stereotypes of sexual exploitation
- Understand how to support those who are being sexually exploited
- Understand how to prevent sexual exploitation from happening

## Additional Presentations

*Cornerstone SBS educators can work with school staff to create custom presentations related to violence prevention, promoting healthy relationships, and issues of social justice. Please contact us with specific requests.*

