Day One®, a statewide program of Cornerstone, connects victims of domestic violence, sexual assault, human trafficking and general crime to safety and services in one phone call, text or chat.

**MINNESOTA DAY ONE® CRISIS LINE:**
Call, text, email or chat online to get connected to safety and resources in your community.

- **CALL:** 1(866) 223-1111 | **TEXT:** (612) 399-9995
- **EMAIL:** SAFETY@DAYONESERVICES.ORG
- **ONLINE CHAT:** WWW.DAYONESERVICES.ORG

**THE RESPONSE**
A trained advocate inquires if the person seeking services is in a safe place to talk, text or chat.

**THE DAY ONE® PROCESS**
The advocate checks the Day One® database to find appropriate services.

**THE CONNECTION TO SAFETY**
The advocate connects the person seeking services to the program who can help.
Ada: Norman County Victim Assistance Program
Albert Lea: Freeborn County Crime Victim’s Crisis Center
Belle Plaine: Southern Valley Alliance for Battered Women
Bemidji, Aitkin, Bagley, Grand Rapids, Park Rapids & Walker: Support Within Reach
Bemidji: Evergreen Youth Family Services
Bemidji: North Homes Children and Family Services
Bemidji: Northwoods Battered Women’s Shelter
Benson: Heartland Girls’ Ranch
Blaine: Alexandra House
Bloomington, Brooklyn Center & Minneapolis: Cornerstone
Bloomington: Oasis for Youth
Bri...